

Recommend Websites & Reading Material

- Fat Sick and Nearly Dead (NetFlix) (Fatsickandnearlydead.com)
 - Forks over Knives (NetFlix)
 - Cureality.com
 - BIOTe Medical.com
 - Hormonebalance.org
-
- Age Healthier Live Happier by **Gary Donovitz**
 - Hypothyroidism Type II by **Mark Starr**
 - The Secret Female Hormone by **Kathy Maupin**
 - Vitamin K2 and the Calcium Paradox by **Kate Rheaume Bleue**
 - The Sinatra Solution by **Stephen T Sinatra**
 - Magnesium Solution for Migrane Headaches by **J.S. Cohan**
 - Breast Cancer and Iodine by **David Deerry**

Do you want to know more about Dr.Thacker and his story?

Go to Youtube and search: The Dr.James Thacker Story- “I know your pain”

Or <https://www.youtube.com/watch?v=jVPUjH8sVzQ>
